## What happens when the muscles in the mouth aren't working correctly?





### **Oral-Motor Skills** What are they?

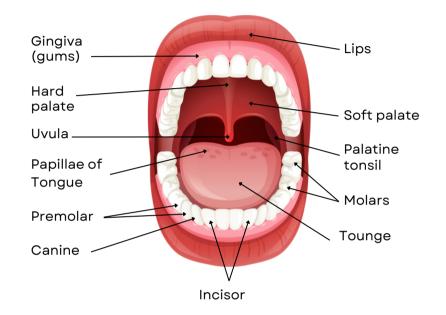
- Functions of the jaw, cheeks, lips, tongue, and hard and soft palates
- Combination of sensory and motor-skill development
- Starts to develop in utero during the third trimester

### Functional Implications

# Why does early development of oral motor skills matter?

- Prolonged oral habits (pacifier use, thumb sucking)
- Poor sleep habits
- Bedwetting
- Difficulty swallowing
- Disordered breathing
- Speech delay
- Feeding difficulties
- Bedwetting

### Mouth (Oral Cavity)



### Other Signs Related to Oral-Motor Dysfunction

- Poor dentition and/or teeth grinding
- Recessed chin
- Enlarged tonsils
- TMJ pain/discomfort
- Frequent ear infections
- Dark circles under eyes
- Depression/anxiety
- Daytime sleepiness

- ADD/ADHD
- Open-mouth posture at rest
- Chapped lips
- Heart-shaped tongue
- Digestive issues
- Relapse of
  orthodontic treatment
- Long facial growth

#### Contact us today to schedule an evaluation.



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