



The Connection Between Speech Therapy and Social Skills in Children

Speech therapy is about more than just helping children pronounce words or overcome language delays. It plays a significant role in fostering social skills for children with communication challenges, helping them navigate social interactions, making eye contact, and understanding social cues.

Why Social Skills Matter

Social skills are critical for building friendships, succeeding in school, and navigating social situations. For children, these skills include:

- ➔ Making eye contact
- ➔ Recognizing body language and facial expressions
- ➔ Listening and taking turns in conversations
- ➔ Starting and maintaining conversations

Children with speech and language difficulties often struggle in these areas, leading to social anxiety or withdrawal. That's where speech therapy comes in.

How Speech Therapy Improves Social Skills

Non-Verbal Communication: Speech therapy teaches children to recognize and use body language, facial expressions, and gestures.

Building Confidence: Through role-playing, speech therapists help children practice conversations and greetings, building confidence in social settings.

Eye Contact & Active Listening: Speech therapy emphasizes eye contact and listening skills, helping kids connect with others.

Understanding Social Cues: Therapists help children decode subtle social signals like sarcasm or humor.

Turn-Taking & Conversation: Speech therapy focuses on teaching children how to take turns and respond during conversations.

Call today to set up an appointment!

(248) 939-4030

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